

## THEATRES / RECOVERY

<b>Trust</b>	Ashford and St. Peter's Hospitals  <small>NHS Foundation Trust</small>
<b>Address</b>	Ashford Hospital London Road Ashford
<b>Postcode</b>	TW15 3AA
<b>Telephone Number</b>	0718408804639 / 01784884526
<b>Type of Placement</b>	Recovery / Theatres
<b>Profile of Area</b>	Peri-operative / Recovery

<b>Shift Patterns and Times</b>	<b>Time</b>		<b>Breaks</b>
	<b>Theatres</b>	<b>0800-1800</b>	<b>30 minutes</b>
	<b>Recovery</b>	<b>0815-1815</b>	<b>30 minutes</b>

<b>Placement Requirements</b>	Contact the unit and arrange to visit at least 2 weeks prior to your start date. You can discuss any specific requests with the Nurse in Charge at this time. Students are encouraged to work alongside their mentor, for a minimum of 2 shifts a week.
<b>Professional Behaviour</b>	You must adhere to the uniform policy at all times whilst on placement, paying special attention to hair, nails and jewellery. Smoking is not permitted anywhere on site
<b>Refreshment Facilities</b>	See our webpages
<b>Public Transport</b>	See our webpages
<b>Car Parking</b>	Parking permits / swipe cards will be arranged during Locality Induction in Year 1

## THEATRES / RECOVERY

Welcome to your placement at Theatres/Recovery at Ashford Hospital. We hope that you will find your time with us both educational and enjoyable.

This pack has been developed to help prepare for your placement with us, and to form part of your induction.

We suggest you read this as soon as you know are coming to Theatres/Recovery, print it out and do as much as you can to prepare beforehand. Don't forget to bring it with you on your first day.

<b>Your name</b>	
<b>Mentor Name (s)</b>	
<b>Associate Mentor</b>	
<b>Ward Sister / Manager</b>	
<b>PLT</b>	

### Trust Information

Ashford and St. Peter's Hospitals NHS Trust manages two sites - Ashford Hospital in Middlesex and St. Peter's Hospital in Chertsey, Surrey.

The Trust as a whole provides acute hospital services to a large and diverse population, with a catchment of around 450,000 stretching from West Hounslow to Woking across the Boroughs of Hounslow, Spelthorne, Elmbridge, Runnymede and Woking

### Philosophy of Care (Medical)

We aim to treat every patient as an individual

The care patients/relatives receive will be safe, provided by skilled healthcare professionals who whilst ensuring patient confidentiality will openly communicate effectively with both patient and relative

The care provided will be of a high standard and provided by professionals in a warm and friendly atmosphere

Religious and cultural beliefs will be promoted by all staff involved in care giving

Advice, support and counselling and health education will be provided to help patients and their families obtain the most from their stay with us in preparation for discharge

### **Aims of Service**

Provide elective surgical procedures and recovery post operatively

### **Team members**

Students will work with and alongside all the members of the nursing team, including Ward Manager, Deputy Sister / Charge Nurse, Senior Staff Nurse, Staff Nurse, Health Care Assistant, Medical Support Worker, and the Ward Clerk.

### **Staff Development**

#### **Link Nurses**

Theatres/Recovery supports the Link Nurse; the role is to ensure that all members of the team are aware of current practice and policies within their designated role. The link attends regular meetings to update their knowledge and also influence future practice through contributing to Trust policy development. You should find out who the Link Nurse is on Theatres/Recovery for the following specialities:

- Nutrition
- Infection Control
- Wound Care
- Palliative Care
- Continence
- Diabetes
- Minimal Handling
- Mentoring
- Falls

#### **Professional Development**

Nursing staff on? Are able to undertake continuing professional development in care areas such??

### **Daily Routine**

**Handover** - The start of a shift begins with 'handover' or 'report' of patient information, this promotes continuity of care and allows staff to review and plan care. All patients are discussed with the nurse in charge and therapists.

#### **Multi-Disciplinary Team (MDT) meetings**

#### **Protected Meal times**

A Ward has protected meal times at lunch and supper; this time allows the nursing staff to facilitate serving of the meal and to monitor the food consumed.

**Referral Criteria/ Admission methods**

Patients are admitted to via a number of different routes: from A&E, a booked admission, after attending an outpatient's clinic, discharge from Medical High Dependency Unit or transferred from another hospital.

**Visiting Times**

Relatives are not usually allowed however special circumstances could be arranged with Nurse in Charge

**Teaching Opportunities**

Variety of clinical skills

Multi-disciplinary meetings

**Policies & Procedures**

You will need to access and read the following policies as part of your induction, they are located on the Hospital Intranet.

Fire, Health and Safety, Medicine Management, Minimal Handling, Infection Control  
Confidentiality, Missing Patient, Falls

**Other information that will be given on Day 1 of placement****Suggested pre placement reading****Learning Resources:**

Access to Trust intranet and internet is available on the Ward.

Hospital Library is on site.