

Medical HDU

Trust	Ashford and St. Peter's Hospitals  <small>NHS Foundation Trust</small>									
Address	St Peter's Hospital Guildford Road Chertsey Surrey									
Postcode	KT16 0PZ									
Telephone Number	01932 723698									
Type of Placement	Critical Care Level 2 area									
Profile of Area	4 bedded critical care area that supports Level 2 patients who are admitted from either emergency services, other wards or step down from Intensive Care Unit. Patients are in monitored beds, nursed on a 1:2 nurse/patient ratio.									
Shift Patterns and Times	<table border="1"><thead><tr><th>Time</th><th></th><th>Breaks</th></tr></thead><tbody><tr><td>LONGDAY</td><td>07:15 – 20:00</td><td>1 hour and 15 minutes</td></tr><tr><td>NIGHT</td><td>19:30 – 07:45</td><td>1 hour and 30 minutes</td></tr></tbody></table> <p>Staff work a mixture of shifts, including days, nights, weekends and bank holidays.</p>	Time		Breaks	LONGDAY	07:15 – 20:00	1 hour and 15 minutes	NIGHT	19:30 – 07:45	1 hour and 30 minutes
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Placement Requirements	Contact the ward and arrange to visit at least 2 weeks prior to your start date. You can discuss any specific requests with the Nurse in Charge at this time. Students are encouraged to work alongside their mentor, for a minimum of 2 shifts a week.									
Professional Behaviour	You must adhere to the uniform policy at all times whilst on placement, paying special attention to hair, nails and jewellery. Theatre scrub suits are provided for your use. Smoking is not permitted anywhere on site									
Refreshment Facilities	See our webpages									
Public Transport	See our webpages									
Car Parking	Parking permits / swipe cards will be arranged during Locality Induction in Year 1									

Medical HDU

Welcome to your placement at **Medical HDU (MHDU)** at St. Peter's Hospital. We hope that you will find your time with us both educational and enjoyable.

This pack has been developed to help prepare for your placement with us, and to form part of your induction.

We suggest you read this as soon as you know are coming MHDU, print it out and do as much as you can to prepare beforehand. Don't forget to bring it with you on your first day.

Your name	
Mentor Name (s)	
Associate Mentor	
Ward Sister / Manager	
PLT	

Trust Information

Ashford and St. Peter's Hospitals NHS Trust manages two sites - Ashford Hospital in Middlesex and St. Peter's Hospital in Chertsey, Surrey.

The Trust as a whole provides acute hospital services to a large and diverse population, with a catchment of around 450,000 stretching from West Hounslow to Woking across the Boroughs of Hounslow, Spelthorne, Elmbridge, Runnymede and Woking

Philosophy of Care (Medical)

We aim to treat every patient as an individual

The care patients/relatives receive will be safe, provided by skilled healthcare professionals who whilst ensuring patient confidentiality will openly communicate effectively with both patient and relative

The care provided will be of a high standard and provided by professionals in a warm and friendly atmosphere

Religious and cultural beliefs will be promoted by all staff involved in care giving

Advice, support and counselling and health education will be provided to help patients and their families obtain the most from their stay with us in preparation for discharge

Aims of Service

We aim to provide excellent care to Level 2 patients by providing total, holistic, critical care, led by nurses with extended knowledge in acute illness. Care would be provided for these patients until they are well enough to transfer to ward areas, be discharged home, or should they deteriorate, require Intensive Care in a Level 3 area, or palliative care is provided if needed.

Team members

Students will work with and alongside all the members of the nursing team, including Deputy Sisters / Charge Nurses, Senior Staff Nurses, Staff Nurses, Trainee Clinical Associate Practitioners (T-CAPs) and Health Care Assistants,.

There are a variety of other healthcare professionals who care for patients on MHDU. These include the Consultants, a Registrar allocated to MHDU, Physiotherapists, Pharmacists, Speech and Language Therapists (SALT) and Dieticians.

Staff Development

Link Nurses

MHDU supports the Link Nurse; the role is to ensure that all members of the team are aware of current practice and policies within their designated role. The link attends regular meetings to update their knowledge and also influence future practice through contributing to Trust policy development. You should find out who the Link Nurse is on MHDU for the following specialities:

- Nutrition
- Infection Control
- Wound Care
- Palliative Care
- Continence
- Diabetes
- Minimal Handling
- Mentoring
- Falls
- Documentation

Professional Development

Nursing staff on MHDU are able to undertake continuing professional development in care areas such as Critical Care Course, Mentorship, Respiratory Course and rotational experience in ICU.

Daily Routine

Handover - The start of a shift begins with 'handover' or 'report' of patient information, this promotes continuity of care and allows staff to review and plan care. Handover is provided by the charge nurse of the outgoing shift to all members of the oncoming shift. A brief bedside handover is then conducted to discuss drugs and ratify infusions being administered.

Multi Disciplinary Team (MDT) meetings

It is rare to have a MDT on MHDU. However, some of our patients are discussed at the Lung MDT which takes place on Friday morning weekly.

Protected Meal times

MHDU has protected meal times at lunch and supper; this time allows the nursing staff to facilitate serving of the meal and to monitor the food consumed. Family members are welcomed into the unit if they are providing food for their relative/friend or assisting with feeding.

Referral Criteria/ Admission methods

Patients are admitted to MHDU via a number of different routes: from A&E, other wards (including surgical and orthopaedic) or step down from ITU. Occasionally, patients are repatriated from other hospitals.

Visiting Times

3:00 – 4:30pm and 6-8 pm daily. Visiting times may be relaxed if a patient is critically ill or previous arrangement with nurse in charge has been agreed.

Teaching Opportunities

Variety of clinical skills
Consultant rounds
Management of a Critically ill patients

Policies & Procedures

You will need to access and read the following policies as part of your induction; they are located on the Hospital Intranet.
Fire, Health and Safety, Medicine Management, Minimal Handling, Infection Control
Confidentiality, Missing Patient, Falls

Other information that will be given on Day 1 of placement

Local Orientation
Door codes

Suggested pre placement reading

The Intensive Care Society (2009) *Levels of Critical Care for adult patients* [online] Available at: http://www.ics.ac.uk/professional/standards_safety_quality/standards_and_guidelines/levels_of_critical_care_for_adult_patients

Thim, T., Krarup, N.H.V., Grove, E.L., Rohde, C.V. and Lofgren, B. (2012) Initial assessment and treatment with the Airway, Breathing, Circulation, Disability, Exposure (ABCDE) approach. [online] *International Journal of General Medicine* 2012; 5: 117–121 Available at: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3273374/>

Learning Resources:

Access to Trust intranet and internet is available on the Ward.
Hospital Library is on site.