


## Intensive care unit

<b>Trust</b>	Ashford and St. Peter's Hospitals  NHS Foundation Trust															
<b>Address</b>	St Peter's Hospital Guildford Road Chertsey Surrey															
<b>Postcode</b>	KT16 0PZ															
<b>Telephone Number</b>	01932 72 2991															
<b>Type of Placement</b>	Critical care-ITU and MHDU															
<b>Profile of Area</b>	This is 9 bedded intensive care unit has level 3 and level 2 patients. Patients in critical care are on ventilator, receiving inotropes to support the cardiovascular system and may receive renal support by haemofiltration. In this environment there are many procedures performed which include, elective or emergency intubation, bronchoscope, tracheostomy, insertion of arterial and central venous lines and many more.															
<b>Shift Patterns and Times</b>	<table border="1"><thead><tr><th>Time</th><th></th><th>Breaks</th></tr></thead><tbody><tr><td>EARLY</td><td>7:15 – 15:15</td><td>30 minutes</td></tr><tr><td>LATE</td><td>11:30- 20:00</td><td>30 minutes</td></tr><tr><td>NIGHT</td><td>20:00 – 08:00</td><td>1 hour and 15 minutes</td></tr><tr><td>Long Day</td><td>07:15-20:00</td><td>1 hour and 30 min</td></tr></tbody></table> <p>Staffs works a mixture of shifts, including nights &amp; weekends.</p>	Time		Breaks	EARLY	7:15 – 15:15	30 minutes	LATE	11:30- 20:00	30 minutes	NIGHT	20:00 – 08:00	1 hour and 15 minutes	Long Day	07:15-20:00	1 hour and 30 min
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<b>Placement Requirements</b>	Contact the ward and arrange to visit at least 2 weeks prior to your start date. You can discuss any specific requests with the Nurse in Charge at this time. Students are encouraged to work alongside their mentor, for a minimum of 2 shifts a week.															
<b>Professional Behaviour</b>	You must adhere to the uniform policy at all times whilst on placement, paying special attention to hair, nails and jewellery.  Smoking is not permitted anywhere on site															
<b>Refreshment Facilities</b>	Staff room has the facility to store the food in the fridge and has the coffee and tea with hot water system. Staff changing room with scrubs in place. In critical care all the staff wear scrubs.															
<b>Public Transport</b>	See our webpages															
<b>Car Parking</b>	Parking permits / swipe cards will be arranged during Locality Induction in Year 1															

## ITU

Welcome to your placement on ITU at St. Peter's Hospital. We hope that you will find your time with us both educational and enjoyable.

This pack has been developed to help prepare for your placement with us, and to form part of your induction.

We suggest you read this as soon as you know are coming to ITU, print it out and do as much as you can to prepare beforehand. Don't forget to bring it with you on your first day.

<b>Your name</b>	
<b>Mentor Name (s)</b>	
<b>Associate Mentor</b>	
<b>Ward Sister / Manager</b>	
<b>PLT</b>	

### Trust Information

Ashford and St. Peter's Hospitals NHS Trust manages two sites - Ashford Hospital in Middlesex and St. Peter's Hospital in Chertsey, Surrey.

The Trust as a whole provides acute hospital services to a large and diverse population, with a catchment of around 450,000 stretching from West Hounslow to Woking across the Boroughs of Hounslow, Spelthorne, Elmbridge, Runnymede and Woking

### Philosophy of Care (Medical)

We aim to treat every patient as an individual

The care patients/relatives receive will be safe, provided by skilled healthcare professionals who whilst ensuring patient confidentiality will openly communicate effectively with both patient and relative

The care provided will be of a high standard and provided by professionals in a warm and friendly atmosphere

Religious and cultural beliefs will be promoted by all staff involved in care giving

Advice, support and counselling and health education will be provided to help patients and their families obtain the most from their stay with us in preparation for discharge

## **Aims of Service**

### **Team members**

Students will work with and alongside all the members of the nursing team, including Ward Manager, Deputy Sister / Charge Nurse, Senior Staff Nurse, Staff Nurse, Health Care Assistant, Medical Support Worker, and the Ward Clerk.

There are a variety of other healthcare professionals who care for patients in ITU. These include the Consultants and their medical team, Discharge coordinators, Physiotherapists, Occupational Therapists, Pharmacists, and Dieticians.

### **Staff Development**

#### **Link Nurses**

ITU supports the Link Nurse; the role is to ensure that all members of the team are aware of current practice and policies within their designated role. The link attends regular meetings to update their knowledge and also influence future practice through contributing to Trust policy development. You should find out who the Link Nurse is on ITU for the following specialities:

- Nutrition
- Infection Control
- Wound Care
- Palliative Care
- Continence
- Diabetes
- Minimal Handling
- Mentoring
- Falls

#### **Professional Development**

Nursing staff on ITU are able to undertake continuing professional development .

### **Daily Routine**

**Handover** - The start of a shift begins with 'handover' or 'report' of patient information, this promotes continuity of care and allows staff to review and plan care. All patients are discussed with the nurse in charge and therapists.

#### **Multi Disciplinary Team (MDT) meetings**

#### **Protected Meal times**

ITU has protected meal times at lunch and supper; this time allows the nursing staff to facilitate serving of the meal and to monitor the food consumed.

**Referral Criteria/ Admission methods**

Patients are admitted to via a number of different routes: from A&E, a booked admission, after attending an outpatient's clinic, discharge from Medical High Dependency Unit or transferred from another hospital.

**Visiting Times**

2-4pm and 6-8 pm daily

**Teaching Opportunities**

Variety of clinical skills

Multi-disciplinary meetings

Consultant rounds

**Policies & Procedures**

You will need to access and read the following policies as part of your induction, they are located on the Hospital Intranet.

Fire, Health and Safety, Medicine Management, Minimal Handling, Infection Control

Confidentiality, Missing Patient, Falls

**Other information that will be given on Day 1 of placement****Suggested pre placement reading****Learning Resources:**

Access to Trust intranet and internet is available on the Ward.

Hospital Library is on site.